

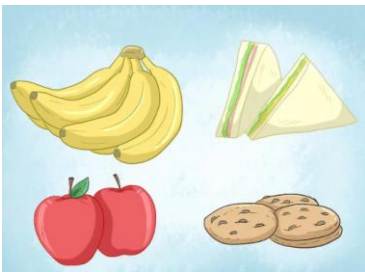
How to Plan a Picnic



1.

Pack items to deal with the weather. If it's going to be chilly, pack extra jackets, scarves, and blankets just in case. If it's going to be hot, don't forget hats and bug spray. In either situation, always carry a bottle of sunscreen.

- You could also bring a large umbrella to protect you from the rain or sun!



2.

Include flatware, plates, and bowls. If you want simplicity, go for disposable options that you can throw away when you're done. For a more environmentally friendly option, opt for nonbreakable but reusable plates and bowls, such as kids' plastic plates.

- Remember, you'll need to cart all those reusable plates back out with you!
- Don't forget napkins or paper towels, too.
- Add in a trash bag or a few grocery bags to cart home dirty items and gather trash.
- You may also want to bring hand wipes or hand sanitizer to clean everyone's hands before eating!



3.

Pack your basket in the order you need to take things out. Put nonperishable food on the bottom and any plates and flatware on top of that. Place the tablecloth or blanket at the very top so you can pull it out first to put on the ground or picnic table.



4.

Opt for foods that are easy to eat. Don't pick foods that require a knife and fork to eat. Choose foods you can eat with your fingers or just a single utensil.

- For instance, try sandwiches, cottage cheese, or egg salad.
- Fruits like strawberries, bananas, oranges, or apples are also great options!
- You could also try things like fried chicken, cookies, pinwheel sandwiches, pigs in a blanket, or burritos.



5.

Choose your location. The location is important, and it will help determine some of the other details you choose so pick it first! You could go to the park, the beach, the mountains, or even just your backyard.



6.

Toss in a variety of drinks for hydration. Add bottles of water for a simple fix, or you can make iced tea and pack it in reusable bottles. Alternatively, add juice boxes, sodas, or flavored sparkling water for a bit of pizzazz.!